

SAFETY PRECAUTIONS

When a child or adolescent expresses thoughts of harming themselves, we strongly recommend safety interventions are implemented in the home.

The following are a list of standard safety precautions however, other precautions may be necessary depending on individual and home circumstances.

If there are ever any imminent safety concerns, call 911 and/or present to your nearest emergency department.

Medications

- Lock up all prescription and over-the-counter (OTC) medicines – a safety lock box can be used and purchased at most hardware stores
- This includes common medications such as Tylenol (acetaminophen), Advil (ibuprofen), natural supplements, and prescription medication for everyone in the home
- Expired and unnecessary medication (old prescriptions) can be brought to local pharmacies for safe disposal
- An adult should hand out and control all medications to children and adolescents

Firearms

- If there are any firearms in the home, these should be removed or locked with keys/codes that are not available to children or adolescents
- Ammunition should be locked in a separate location from firearms and with separate keys/codes

Camping Equipment/Technical Gear

- If there are camping, hunting, or technical gear in the home, these should be removed or locked away
- This could include items such as climbing gear, ropes, zip ties, or electrical wires

Alcohol & Substances

- Any alcohol or substances in the home should be accounted for and kept out of access or in a locked area away from children and adolescents

Chemicals & Cleaning Products

- Toxic household cleaners, pesticides, and industrial chemicals should be accounted for, monitored, and kept out of reach or in a locked area

Sharp Objects

- Lock away knives, razor blades, and other sharp objects from children and adolescents

Other Precautions

- Secure and lock high level windows and access to rooftops